



## **Connections!**

*A group program for persons with early memory loss*



### **Connections provides:**

- Monday or Thursday meetings from 10am-2pm,  
including lunch
- A chance to join others experiencing early memory loss
  - Memory retention and retraining exercises
  - Facilitation by a credentialed professional
  - Time to share in support group discussions
    - Music and light exercise

*Registration required. Before you start the program,  
we'd like to meet with you in person!*

For more information, contact  
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