

FRIENDSHIP CENTER MENU JANUARY 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1-Jan	2-Jan	3-Jan	4-Jan
	CLOSED HAPPY NEW YEAR!	Pork Stew Brown Rice Mexican Corn Orange 1% Plain Milk	Roasted Chicken & Ham Roll & Butter Scalloped Potatoes Green Beans Pineapple 1% Plain Milk	Pasta Primavera Cheese Dinner roll Peas Banana 1% Plain Milk
7-Jan	8-Jan	9-Jan	10-Jan	11-Jan
Sweet and Sour Pork Brown Rice Carrots Apple 1% Plain Milk	Peach Salad with Chicken Dinner Roll Chopped Pineapple 1% Low Fat Milk	Spaghetti & Meat Sauce Dinner Roll & Butter Broccoli Orange 1% Plain Milk	Biscuit and Sausage Gravy Roasted veggies Melon 1% Plain Milk	Vegetable Chili Cheese Brown Rice Green Onion Banana 1% Plain Milk
14-Jan	15-Jan	16-Jan	17-Jan	18-Jan
Chicken & Broccoli Brown Rice Carrots Apple 1% Low Fat Milk	Pork Chop Sliced Bread Parsleyed Potatoes Creamed Corn Melon 1% Plain Milk	Meat Loaf & Gravy Dinner Roll & Butter Mashed Potatoes Green Beans Orange 1% Plain Milk	Mandarin Orange Salad with Chicken Toasted Garlic Bread Pineapple 1% Low Fat Milk	Pasta & Marinara Cheese Dinner Roll & Butter Spinach Banana 1% Plain Milk
21-Jan	22-Jan	23-Jan	24-Jan	25-Jan
CLOSED HOLIDAY	Chicken ALA King Biscuit Green Beans Pineapple 1% Plain Milk	Macaroni & Cheese with BBQ Beef Spinach Orange 1% Plain Milk	Pork Carnitas Tortillas Pinto Beans Lettuce & Tomato (f) Melon 1% Plain Milk	Tilapia Dinner Roll & Butter Dirty Rice Broccoli Banana 1% Plain Milk
28-Jan	29-Jan	30-Jan	31-Jan	
Ground Beef Chili Brown Rice Corn Apple 1% Plain Milk	Denver Scramble Bread & Butter Spinach Melon 1% Plain Milk	Pot Roast Biscuit & Butter Red Potato Carrots Orange 1% Plain Milk	Beef Tacos Tortillas/Brown Rice Pinto Beans Lettuce & Tomato Pineapple 1% Plain Milk	

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