

## FRIENDSHIP CENTER MENU FEBRUARY 2019

| MONDAY  | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY  |
|---|--|--|--|---|
|   |  |  |  | 1-Feb   |
|   |  |  |  | Beef and Broccoli<br>Noodles<br>Green Beans<br><br>Pineapple<br>1% Plain Milk             |
| 4-Feb   | 5-Feb  | 6-Feb  | 7-Feb  | 8-Feb   |
| Beef Burgundy<br>Noodles<br>Dinner Roll<br>Peas and Carrots<br>Mixed Fruit<br>1% Plain Milk | Pulled Pork Sandwich<br>Coleslaw<br>Baked Potato<br>Carrots<br>Pineapple<br>1% Low Fat Milk              | Spaghetti & Meat Sauce<br>Garlic Bread<br>Green Salad<br><br>Orange<br>1% Plain Milk               | Baked Chicken<br>Corn Bread<br>Mashed Potato and Gravy<br>Broccoli<br>Melon<br>1% Plain Milk             | Salmon<br>Red Potatoes<br>Dinner Roll & Butter<br>Green Beans<br>Banana<br>1% Plain Milk  |
| 11-Feb  | 212/2019   | 13-Feb   | 14-Feb   | 15-Feb  |
| Sweet and Sour Pork<br>Brown Rice<br>Green Salad<br><br>Apple<br>1% Low Fat Milk            | Baked Chicken<br>Dinner Roll and Butter<br>Ratatouille<br><br>Orange<br>1% Plain Milk                    | Chicken Pozole<br>Corn Tortillas<br>Cabbage, Green onion, Tomato<br><br>Pineapple<br>1% Plain Milk | Pot Roast<br>Potatoes<br>Broccoli<br>Dinner roll and Butter<br>Pears<br>1% Low Fat Milk                  | BBQ Chicken<br>Brown Rice<br>Baked Sweet Potato<br>Green Salad<br>Apple<br>1% Plain Milk  |
| 18-Feb  | 19-Feb   | 20-Feb   | 21-Feb   | 22-Feb  |
| CLOSED<br><br>HOLIDAY   | Salsa Chicken<br>Brown Rice<br>Corn Bread<br>Zucchini<br>Melon<br>1% Plain Milk                          | Beef Stroganoff<br>Noodles<br>Dinner Roll<br>Peas and Carrots<br>Orange<br>1% Plain Milk           | Chicken Cacciatore<br>Pasta Marinara<br>Garlic Bread<br>Green Salad<br>Pears<br>1% Plain Milk            | Vegetable and Bean Chili<br>Brown Rice<br>Corn Bread<br>Carrots<br>Apple<br>1% Plain Milk |
| 25-Feb  | 26-Feb   | 27-Feb   | 28-Feb   |   |
| Orange Chicken<br>Brown Rice<br>Vegetable Stir-fry<br><br>Mixed Fruit<br>1% Plain Milk      | Roast Turkey<br>Mashed Potatoes<br>Dinner Roll and Butter<br>Green Beans<br>Mixed Fruit<br>1% Plain Milk | Chicken Pot Pie<br>Potatoes, Peas and Carrots<br>Biscuit<br><br>Banana<br>1% Plain Milk            | Meat Loaf<br>Mashed Potato and Gravy<br>Dinner roll and Butter<br>Green Beans<br>Orange<br>1% Plain Milk |   |

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